



## **Olivet Boys & Girls Club Pottstown Club Receives Grant from Pottstown Area Health & Wellness Foundation**

**Pottstown, PA – July 2, 2009-** Olivet Boys & Girls Club of Reading and Berks County, a member of Boys & Girls Clubs of America, has received a grant from the Pottstown Area Health & Wellness Foundation to support nutrition and health programs for children, adults and families at their Pottstown Club located at the Richard J. Ricketts Community Center.

The grant will be used to implement a Healthy Habits initiative through which Club members will develop healthy attitudes and behaviors regarding nutritional eating and physical activity. In addition, Olivet Boys & Girls Club will begin providing family health and nutrition programs to encourage parents and the community to become more engaged with their own health and that of their family members.

The Pottstown Club located at the Richard J. Ricketts Community Center is open for adult and youth memberships. For more information regarding memberships or programs call the Club at 484-945-1020.

For additional information, please call Olivet Boys & Girls Club at 610-373-1314 or visit [www.olivetbgc.org](http://www.olivetbgc.org).

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*Olivet Boys & Girls Club serves thousands of youth between the ages of six and 18 at nine locations in Reading and Berks County, a summer camp in Hamburg, and seven locations in Pottstown. The Club opened in 1898, and is one of the original founding members of the Boys & Girls Clubs of America movement. The Richard J. Ricketts Center became an official club of the Boys & Girls Club in January 2009.*

*“The Pottstown Area Health and Wellness Foundation enhances the health and wellness of area residents, providing education, funding and programs that motivate people to adopt healthy lifestyles.” The Foundation was formed in July 2003 with the proceeds obtained from the sale of the Pottstown Memorial Medical Center. Nonprofits interested in learning more about the Foundation’s grants programs and application process should visit the website at [www.pottstownfoundation.org](http://www.pottstownfoundation.org).*